

Energy-Saving Tips

Simple, Everyday Energy-efficient Tips

Shut the Door

When spending time outside, shut the door while the heat or air conditioning is on to prevent energy waste from air leaks.

Take Shorter Showers

Take quick showers instead of long baths. Showers typically use less hot water, helping save energy and water.

3 Unplug Devices

Unplug chargers and electronics like tablets and laptops when not in use to prevent energy waste.

4 Let the Sun Shine In

Open curtains or blinds on sunny days to let sunlight warm your home. Close them at night and on overcast days to help your home retain heat and save energy.

5 Turn Water Off

Don't let water run while brushing teeth, washing, or shaving. Turning it off saves energy and water.

6 Dress For the Weather

Wear the right clothes to stay warm in winter and cool in summer — reducing the need for heating and cooling.

Wash Cold, Air-Dry

Use cold water for laundry and air-dry clothes and dishes whenever possible to reduce energy use.

8 Set the Thermostat for Savings

Save energy by adjusting the thermostat at night or when away. Adjust your thermostat seven to ten degrees for eight hours a day to reduce your annual energy costs by up to 10%.

9 Replace Filters

Replace furnace filters every 3 months—or more often with pets. Clean filters help systems run efficiently and save energy.

10 Cook Smarter

Skip preheating unless needed. Keep the oven door closed to avoid heat loss. Cook multiple meals at once to maximize energy use.

For more energy-saving tips, visit <u>njng.com</u> and <u>energy.gov</u>.